



THE BEST FC PLAYER WILL:

1. Complete the on-line registration process. (www.bestsoccer.org)
2. Attend ALL scheduled training sessions and games. Excused absences due to illness, family functions, or school activities shall be communicated to the team's coach and/or manager ahead of time and arrangements made to make up missed training sessions.
3. Report to games a minimum of 45 minutes prior to official game start, dressed in official Club uniform, shin guards, and clean soccer shoes. Players must also bring their soccer ball and sufficient water to games.
4. Report to training sessions on time, dressed in Club training uniform, with shin guards, soccer shoes and sufficient water to training sessions.
5. Be attentive, cooperative and respectful to coaches, officials, and teammates and expend full effort for the duration of each training session and each game.
6. Not use alcohol, tobacco or drugs.
7. Not use profanity.
8. Strive to conduct them self in a manner so as to avoid yellow and red cards.
9. Communicate with their coach about questions or concerns relative to their participation in the team, or the team itself.
10. Always Promote BEST FC in a responsible manner
11. Attend all BEST FC organized events